Neuroradiology MR Protocols

Brain protocols

<u>N 1</u>: Brain MRI without contrast

<u>N 2</u>: Pre- and post-contrast brain MRI

<u>N 3</u> is deleted

<u>N 4</u>: Brain MRI without *or* pre-/post-contrast (seizure protocol)

N <u>5</u>: Pre- and post-contrast brain MRI (multiple sclerosis protocol)

<u>N 6</u>: Pre- and post-contrast brain MRI (internal auditory canal protocol)

<u>N 7</u>: Pre- and post-contrast brain MRI (pituitary protocol)

<u>N 8</u>: Pre- and post-contrast orbital MRI

<u>N 9</u>: Pre- and post-contrast brain MRI (cavernous sinus protocol)

N10: Pre- and post-contrast brain MRI (cranial nerve protocol)

Neurovascular protocols

<u>N11</u>: Pre- and post-contrast neck MR angiography

N12: Brain MR angiography without contrast

N13: Brain MR venogram without contrast

Combined protocols

Stroke protocol: N2 + N12 + N11

Head and neck protocols

<u>ENT 1</u>: Pre- and post-contrast neck MRI <u>ENT 2</u>: Temporomandibular joint MRI

Peripheral nerve protocols

<u>PN 1</u>: Pre- and post-contrast brachial plexus MRI PN 2: Pre- and post-contrast sacral plexus MRI

N 1: Brain MRI without contrast

Indications: general screening; headaches, stroke, bleeds, memory loss.

Sequences:

- Sagittal FLAIR
- Axial T1 SE
- Axial T2 FSE
- Axial FLAIR
- Axial GRE or SWI
- Coronal T2 FSE
- Axial diffusion with ADC

- Send b1000 DWI (#2) and ADC to PACS. Keep b0 and b500 DWI images in hard drive for 2 weeks, then can discard.
- Substitute sagittal T1 SE for FLAIR in patients 10 years of age or younger.
- If Phase Contrast imaging is done for Chiari 1 malformation and there is concern for abnormal CSF flow please do sequences in Sagittal Plane.

N 2: Pre- and post-contrast brain MRI

Indications: tumor, infection.

Sequences:

- Sagittal FLAIR
- Axial T1 SE
- Axial GRE or SWI
- Axial T2 FSE
- Axial FLAIR
- Coronal T2 FSE
- Axial diffusion with ADC
- Post-Gd axial & coronal T1 SE with fat saturation *OR*:
- Post-Gd axial 3D VIBE with coronal reformats (3 mm thick).

- Send b1000 DWI (#2) and ADC to PACS. Keep b0 and b500 DWI images in hard drive for 2 weeks, then can discard.
- 3D VIBE: Perform with 0.8-1.0 mm thick isotropic voxels. Radiologists can request additional sagittal reformats as needed.
- If post-Gd axial 3D VIBE performed, then omit the post-Gd axial and coronal T1 SE with fat saturation.
- Substitute sagittal T1 SE for FLAIR in patients 10 years of age or younger.

N 4: Brain MRI without or pre-/post-contrast (seizure protocol)

Indications: seizure disorder, first time seizures.

Sequences:

- Sagittal FLAIR
- Axial T1 SE
- Axial T2 FSE
- Axial FLAIR
- Axial GRE or SWI
- Coronal thin-slice T2 FSE (hippocampi)
- Axial diffusion with ADC
- *Opt:* Post-Gd axial & coronal T1 SE with fat saturation OR:
- Post-Gd axial 3D VIBE with coronal reformats (3 mm thick).

- Give IV contrast for new onset seizure workups only.
- Send b1000 DWI (#2) and ADC to PACS. Keep b0 and b500 DWI images in hard drive for 2 weeks, then can discard.
- Substitute sagittal T1 SE for FLAIR in patients 10 years of age or younger.

N 5: Pre- and post-contrast brain MRI (multiple sclerosis protocol)

Indications: assess for multiple sclerosis or ADEM.

Sequences:

- Sagittal FLAIR
- Axial T2 FSE
- Axial FLAIR
- Axial T1 SE
- Axial GRE or SWI
- Coronal T2 FSE
- Axial diffusion with ADC
- Post-Gd axial & coronal T1 SE with fat saturation *OR*:
- Post-Gd axial 3D VIBE with coronal reformats (3 mm thick).

Comments:

- Sagittal FLAIR improves detection of corpus callosum lesions.
- Send b1000 DWI (#2) and ADC to PACS. Keep b0 and b500 DWI images in hard drive for 2 weeks, then can discard.
- 5 minute delay before post-Gd T1 weighted sequences; should acquire axial T2 FSE sequence during this time.
- Gadolinium contrast for the multiple sclerosis protocol should be considered optional, only performed for initial workup and during an acute exacerbation. It should not be part of a normal, routine follow-up.

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N 6: Pre- and post-contrast brain MRI (internal auditory canal protocol)

<u>Indications</u>: vertigo, cerebellopontine angle masses, Ramsay Hunt syndrome.

Sequences:

- Sagittal T1 SE
- Axial FLAIR
- Axial diffusion with ADC
- Axial GRE or SWI
- Coronal localizer tru-FISP (IAC only)
- Axial 3-D CISS (IAC)
- Thin-slice axial T1 SE with fat saturation (IAC)
- Post-Gd thin-slice axial T1 SE with fat saturation (IAC)
- Post-Gd thin-slice coronal T1 SE with fat saturation (IAC)
- Whole head post-Gd axial T1 SE with fat saturation *OR*:
- Post-Gd axial 3D VIBE (3 mm thick).

Comments:

• Send b1000 DWI (#2) and ADC to PACS. Keep b0 and b500 DWI images in hard drive for 2 weeks, then can discard.

N 7: Pre- and post-contrast brain MRI (pituitary protocol)

Indications: pituitary masses

Sequences:

- Sagittal FLAIR
- Axial FLAIR
- Axial GRE or SWI
- Axial diffusion and ADC
- Thin-slice sagittal T1 SE (pituitary fossa)
- Thin-slice coronal T1 SE (pituitary fossa)
- Thin-slice coronal T2 FSE (pituitary)
- Coronal dynamic thin-slice T1 SE (pre- and post-Gd)
- Delayed post-Gd thin-slice coronal T1 SE (pituitary)
- Delayed post-Gd thin-slice sagittal T1 SE (pituitary)
- Whole head post-Gd axial T1 SE with fat saturation *OR*:
- Post-Gd axial 3D VIBE (3 mm thick).

- For macroadenomas (ie., visible mass >1cm in size), coronal dynamic thin-slice T1 SE can be omitted.
- Send b1000 DWI (#2) and ADC to PACS. Keep b0 and b500 DWI images in hard drive for 2 weeks, then can discard.

N 8: Pre- and post-contrast orbital MRI

Indications: orbital masses, optic neuritis, diplopia.

Sequences:

- Sagittal T1 SE
- Axial T2 FSE
- Axial FLAIR
- Axial GRE or SWI
- Axial diffusion and ADC
- Coronal STIR (orbits)
- Thin-slice axial T1 SE (orbits)
- Post-Gd thin-slice axial T1 SE with fat saturation (orbits)
- Post-Gd thin-slice coronal T1 SE with fat saturation (orbits)
- Whole head post-Gd axial T1 SE with fat saturation *OR*:
- Post-Gd axial 3D VIBE (3 mm thick).

Comments:

• Send b1000 DWI (#2) and ADC to PACS. Keep b0 and b500 DWI images in hard drive for 2 weeks, then can discard.

N 9: Pre- and post-contrast brain MRI (cavernous sinus protocol)

Indications: cavernous sinus thrombosis, carotid-cavernous fistulas.

Sequences:

- Sagittal FLAIR
- Axial T2 FSE
- Axial FLAIR
- Axial GRE or SWI
- Axial T1 SE
- Axial diffusion and ADC
- Post-Gd coronal thin-slice T1 SE with fat sat (cavernous sinuses)
- Whole head post-Gd axial T1 SE with fat saturation OR:
- Post-Gd axial 3D VIBE (3 mm thick).

- Send b1000 DWI (#2) and ADC to PACS. Keep b0 and b500 DWI images in hard drive for 2 weeks, then can discard.
- Substitute sagittal T1 SE for FLAIR in patients 10 years of age or younger.

N10: Pre- and post-contrast brain MRI (cranial nerve protocol)

Indications: cranial nerve 5 impingement symptoms, skull base lesions.

Sequences:

- Sagittal T1 SE
- Axial T2 FSE
- Axial FLAIR
- Axial GRE or SWI
- Axial diffusion and ADC
- Axial 3-D CISS (pons and midbrain): coronal and sagittal reconstructions.
- Thin-slice axial T1 SE with fat saturation (skull base)
- Post-Gd thin-slice axial T1 SE with fat saturation (skull base)
- Post-Gd thin-slice coronal T1 SE with fat saturation (skull base)
- Whole head post-Gd axial T1 SE with fat saturation OR:
- Post-Gd axial 3D VIBE (3 mm thick).

- Send b1000 DWI (#2) and ADC to PACS. Keep b0 and b500 DWI images in hard drive for 2 weeks, then can discard.
- CISS parameters: flip angle 65 degrees, slice thickness 1 mm, 384 x 256 matrix, FOV 18-20 cm, NEX 2.

N11: Pre- and post-contrast neck MR angiography

Indications: carotid stenosis, part of stroke workup, carotid dissection

Sequences:

- Axial tru-FISP
- Sagittal tru-FISP
- Dynamic coronal MRA (pre-, arterial, venous phases)
- Rotating 3-D MIP reformats
- *Opt:* axial pre-Gd thin-slice T1 SE with fat saturation (dissection).

Optional black blood imaging for vasculitis:

- Axial T1 FSE: skull base through aortic arch
- Coronal T1 FSE: skull base through aortic arch
- Post-Gd axial double inversion recovery with fat saturation: skull base through aortic arch

N12: Brain MR angiography without contrast

Indications: part of stroke workup, intracranial aneurysms

Sequences:

- Axial 3-D time-of-flight
- Rotating 3-D MIP reformats of right ICA, left ICA, posterior circulation separately, as well as of vessels as a whole (flip and rotate)

N13: Brain MR venogram without contrast

Indications: evaluate for sinus thrombosis.

Sequences:

- Sagittal T1 spin echo
- Coronal 2-D time-of-flight with inferior saturation band
- Rotating 3-D MIP reformats of venous structures

Comments:

• Suggested 2D TOF parameters: TR/TE = 32-40/8-12; flip angle 50-70 degrees, slice thickness 1.5-3.0 mm, 144 x 256 matrix, NEX 1-2.

ENT 1: Pre- and post-contrast neck MRI

Indications: neck masses, tumor staging

<u>Sequences</u>: place fiducial over any palpable masses

- Sagittal T1 FSE
- Sagittal STIR
- Axial T1 FSE
- Axial STIR
- Coronal T1 FSE
- Coronal STIR
- Post-Gd axial T1 FSE with fat saturation
- Post-Gd coronal T1 FSE with fat saturation
- Post-Gd sagittal T1 FSE with fat saturation

Comments:

• Axial sequences: use 5 mm slice thickness with 1 mm (20%) skip.

ENT 2: Temporomandibular joint MRI

Indications: TMJ pain

Sequences:

- Axial T1 SE
- Coronal PD FSE (closed mouth)
- Sagittal PD FSE (closed mouth)
- Sagittal T2 FSE with fat saturation (closed mouth)
- Coronal PD FSE (open mouth)
- Sagittal PD FSE (open mouth)

- Place fiducials over the symptomatic side.
- Perform coronal and sagittal sequences through both sides to assess symmetry (until a dedicated TMJ coil is acquired).
- Sagittal T2 FSE with fat saturation: adjust TE to 40 msec (+/-5 msec).

PN 1: Non-contrast vs pre-/post-contrast brachial plexus MRI

<u>Indications</u>: brachial plexopathy from tumor invasion or radiation, traumatic nerve injuries.

Sequences:

- Coronal T2 FSE (large FOV)
- Axial T1 SE (large FOV)
- Axial T1 SE
- Axial STIR
- Coronal T1 SE
- Coronal STIR
- Sagittal T1 SE
- Sagittal STIR
- *Opt:* post-Gd axial T1 SE with fat saturation
- Opt: post-Gd coronal T1 SE with fat saturation
- *Opt:* post-Gd sagittal T1 SE with fat saturation

- Initial 2 sequences will help to assess for asymmetry between the brachial plexus regions.
- Other sequences are high-resolution images through the affected side only.

PN 2: Non-contrast vs pre-/post-contrast sacral plexus MRI

Indications: sciatic nerve impingement.

Sequences:

- Oblique coronal T1 SE
- Oblique coronal STIR
- Axial T1 SE
- Axial STIR
- *Opt:* post-Gd oblique coronal T1 SE with fat saturation
- Opt: post-Gd axial T1 SE with fat saturation